

# Pressure Cooker Meals with Chef Alli

**Sat. June 24th**  
**2:00 p.m.**

Life's Finer Moments  
1285 16<sup>th</sup> Rd  
Clay Center, KS



Electric pressure cooking is making a huge comeback in popularity due to efficiency, health, flavor, and the reduction of cooking times by up to 70%. Dinner can be ready in as little as 20 minutes and that includes prep time! Electric pressure cooking can be life changing!!

Come watch Chef Alli demonstrate how easy pressure cooking can be. She will give you tips and great recipes that your family is sure to love.

## REGISTRATION INFO

You can register at any of the four River Valley District Offices. Cost of the class is \$30 to cover materials and class fees. Payment is due with registration. Registration deadline is Tuesday, June 20<sup>th</sup>.

Belleville Office  
1815 M Street  
Belleville, KS 66935  
785-527-5084  
[rp@listserv.ksu.edu](mailto:rp@listserv.ksu.edu)

Clay Center Office  
322 Grant Street  
Clay Center, KS 67432  
785-632-5335  
[cy@listserv.ksu.edu](mailto:cy@listserv.ksu.edu)

Concordia Office  
811 Washington,  
Suite E  
Concordia, KS 66901  
785-243-8185  
[cd@listserv.ksu.edu](mailto:cd@listserv.ksu.edu)

Washington Office  
Courthouse  
214 C Street  
Washington, KS 66968  
785-325-2121  
[ws@listserv.ksu.edu](mailto:ws@listserv.ksu.edu)

**REGISTRATION FORM ON THE  
BACK!!**

**REGISTRATION FOR - *“PRESSURE COOKER MEALS WITH CHEF ALLI”***

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
\_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

**\*\*\*YOUR REGISTRATION IS NOT COMPLETE WITHOUT YOUR \$30 REGISTRATION FEE\*\*\***